

## SEMINARS & ANNOUNCEMENTS

AUGUST-SEPTEMBER, 2020



### Special Announcements

~Browse WISR's [Inaugural WISR Newsletter: Summer 2020](#)

~Until further notice, due to COVID-19, all WISR seminars and events are online only

~*All of the following events, WISR sponsored or that the WISR Community is invited to join, count as hours of collaboration for WISR students in their coursework.*

### CALENDAR

Sat 9/12 10:30am **WISR'S GRADUATION CEREMONY** on Zoom

Please Join To Support Our Graduates!!!

### Interdisciplinary Seminars

~Thurs-Sun 8/6-9 [2020 Oxford Symposium in School-Based Family Counseling Webinar](#)

Annual event of & co-sponsored by WISR's Center for Child & Family Development

[See below for times and Zoom link](#) [note the early times each day due to international participation]

~Sat 8/22 10am-12pm Racist Policing--Solutions Panel Discussion

<https://us02web.zoom.us/j/83314614561>

~Sat 9/19 10am-12pm Dialogue With Author Jake Sloan: Challenges With Racism & Insights For Our Times <https://us02web.zoom.us/j/89996828646>

~Sat 9/26 10am-12pm Human Dignity And Humiliation Dialogue

<https://us02web.zoom.us/j/83457474365>

### MFT Seminars (w/CEUs\* see details below)

~Sat 8/1, 10am-12pm Practicum Process Group <https://us02web.zoom.us/j/85388008924>

~Thurs-Sun 8/6-9 [2020 Oxford Symposium in School-Based Family Counseling Webinar](#); Annual event of & co-sponsored by the Center for Child & Family Development. [See below for times and Zoom link](#) [Note the early times each day due to international participation.]

~Sat 8/22 10am-12pm Racist Policing--Solutions Panel Discussion

<https://us02web.zoom.us/j/83314614561>

~Sat 8/29 10am-1pm Therapist Self-Care: B.R.E.A.T.H.E., Part 1

<https://us02web.zoom.us/j/83875801457>

~Sat 9/5 10am-12pm Practicum Process Group <https://us02web.zoom.us/j/85388008924>

~Sat 9/26 10am-12pm Human Dignity And Humiliation Dialogue

<https://us02web.zoom.us/j/83457474365>

*Prospective students and Community Learners are invited to attend these seminars. If you have difficulty logging in to Zoom seminars, go to <https://support.zoom.us/hc/en-us/articles/201362003-Zoom-Technical-Support> and click on the blue "Help" button. International phone numbers are also available.*

- ~Sat 10/10 10am-1pm Therapist Self-Care: B.R.E.A.T.H.E., Part 2
- ~Sat 11/14 10am-1pm Psychopharmacology Part 1
- ~Sat 12/12 10am-1pm Psychopharmacology Part 2

**Additional ANNOUNCEMENTS (more detail below)**

- ~To facilitate the quality of an interactive seminar experience for everyone, participants are strongly encouraged to stay engaged and keep their video on at all times.
- ~Those with [wizr.edu](http://wizr.edu) email addresses can find seminar/event info on their Google Calendars.
- ~Covid 19 Resources
- ~WISR's Statement And Actions On Racial Justice
- ~Important Information and Disclosures about WISR Seminars and Events
- ~Look for our Facebook page, wizrberkeley on Twitter and wiserberkeley on Instagram.

**INTERDISCIPLINARY SEMINAR(S)** are a way for WISR students to learn about core subjects of social change, writing, multiculturalism, adult/higher education, community leadership and social action-research. Community members are welcome to participate as well. Students are strongly requested to participate in at least one seminar each month, unless they have an unavoidable conflict. Students also have the option of creating seminars on topics of interest, of forming their own peer discussion groups, and developing regular collaborations with other WISR students.

**8/6-9 2020 OXFORD SYMPOSIUM IN SCHOOL-BASED FAMILY COUNSELING WEBINAR;** Annual event of & Co-sponsored by the Center for Child & Family Development. [See below under MFT Seminars for times and Zoom link](#)

**RACIST POLICING -SOLUTIONS PANEL DISCUSSION  
MFT & Interdisciplinary Seminar**

Saturday, August 22, 10am-1pm

*Organized by Rosa Reinikainen, MFT, WISR Adjunct Faculty. Panel to be announced.* This is the 2nd in the series. In the last seminar we discussed racist roots of modern day police. We discussed how policing has evolved today to the killings of countless black and brown people at the hands of police. And eventually to this mass collective movement in support of black lives. In this discussion we also talked about moving toward solutions to the racist systems.



This seminar discussion will be focused on creating change and solutions including community policing, police reform, abolishing or defunding the police and what that means. We will talk about other ideas and resolutions that are taking place in different communities. We will discuss what the police are for and what we need them to be. We will talk also about movements to create change to the current system of racist policing. We will discuss the essential need for mental health training and literacy for police. We will also discuss other ideas and solutions to racially biased policing.

**Video/phone conferencing Zoom link <https://us02web.zoom.us/j/83314614561>;**  
**Phone# 669-900-6833 with ID# 833 1461 4561. Please RSVP [rosa.reinikainen@wizr.edu](mailto:rosa.reinikainen@wizr.edu) or call 510-655-2830 and provide a phone# in case of technical difficulties.**

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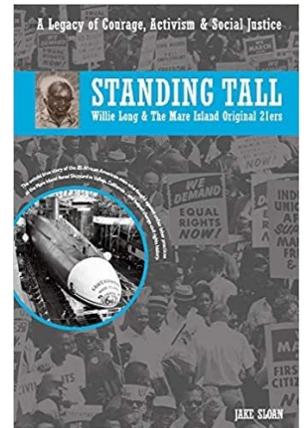
## **DIALOGUE WITH AUTHOR JAKE SLOAN: CHALLENGES WITH RACISM & INSIGHTS FOR OUR TIMES**

**Saturday, September 19th 10am-12pm**

Join us in conversation with Jake Sloan, author of a biography about his challenges with racial justice. *Participants are encouraged to read or begin reading his book before the seminar.*

*Mark Corbett Wilson - Moderator*

**Jake Sloan, MA, WISR Alumnus**, is the author of *Standing Tall: Willie Long and the Mare Island Original 21ers, A Legacy of Courage, Activism, and Social Justice*, has spent most of his adult life working in the areas of civil rights, affirmative action and the problem of income inequality of African Americans. After serving in the military, Mr. Sloan started his working career as a pipefitter, mainly on the construction of nuclear submarines. He now owns Davillier-Sloan, Inc., one of California's largest labor-management consulting firms, with a focus on the construction industry. His participation in the Mare Island 21ers Complaint in Vallejo, CA, coincided with the Civil Rights movement in the South, starting in the early 1960s. *Available to order through <https://mareislandoriginal21.com/> and other booksellers.*



**Video/phone conferencing Zoom link <https://us02web.zoom.us/j/89996828646> ;**

**Phone# 669-900-6833 with ID# 899 9682 8646.** To RSVP or for help with technical difficulties call 510-655-2830 or email [johnb@wizr.edu](mailto:johnb@wizr.edu) and provide a phone# in case of technical difficulties.

## **HUMAN DIGNITY AND HUMILIATION QUARTERLY DIALOGUE**

**MFT & Interdisciplinary Seminar -- more details to come**

**Saturday, September 26th, 10am-12pm**

*Rosa Reinikainen, MFT, WISR Adjunct Faculty, Facilitator*

**Video/phone conferencing Zoom link <https://us02web.zoom.us/j/83457474365> ;**

**Phone# 669-900-6833 with ID# 834 5747 4365.** Please RSVP [rosa.reinikainen@wizr.edu](mailto:rosa.reinikainen@wizr.edu) or call 510-655-2830 and provide a phone# in case of technical difficulties.

**MARRIAGE FAMILY THERAPY (MFT) SEMINARS** are for WISR students pursuing an MFT and/or LPCC license. Other interested persons are welcome to attend (on site or by video conference) and receive CEU credit for MFTs and LPCCs, but you must RSVP the faculty member (see email contact info below) in advance. \*WISR students not in the MFT program may get CEU credit for no additional charge, others pay \$40. These seminars are typically held at WISR from 10am to 12 or 1pm (as listed) with a short break; often students bring a snack. MFT students must participate in a total of 48 such seminars in order to graduate. These required seminars for our MS program lead to the State of California MFT and LPCC licenses and are now available by telephone conference call and video webinar.

*Prospective students and Community Learners are invited to attend these seminars. If you have difficulty logging in to Zoom seminars, go to <https://support.zoom.us/hc/en-us/articles/201362003-Zoom-Technical-Support> and click on the blue "Help" button. International phone numbers are also available.*



**PRACTICUM PROCESS GROUP, Monthly Series of Seminars**  
**Saturday, August 1st, September 5th.... First Saturdays of each month unless otherwise notified.**

**10am-12pm**

**Rosa Reinikainen, MFT, WISR Adjunct Faculty** is the facilitator of this group for those MFT and LPCC students and alumni who are pre-practicum, those who are in practicum, and those who have already done their practicum. We will be discussing issues around therapy practices, including treatment plans, assessments, modalities etc. This is

a place for students, interns and associates to discuss their experiences, hopes and ideas and to discuss the world of therapy in a group setting. This is a monthly seminar where we can discuss any thoughts, ideas or concerns you might have surrounding practicum and therapy practices. Everyone is welcome regardless of where you are at in your learning.

Video/phone conferencing Zoom link <https://us02web.zoom.us/j/85388008924>. ;

Phone# 669-900-6833 with ID# 853 8800 8924. Please RSVP [rosa.reinikainen@wizr.edu](mailto:rosa.reinikainen@wizr.edu) or call 510-655-2830 and provide a phone# in case of technical difficulties.

**2020 OXFORD SYMPOSIUM IN SCHOOL-BASED FAMILY COUNSELING WEBINAR**

Annual event of & Co-sponsored by the Center for Child & Family Development

**Thursday through Sunday, August 6-9, 2020**

*The Oxford Symposium in School-Based Family Counseling* is an international association of practitioners and scholars who meet yearly at Brasenose College, Oxford, England (and other locations) to discuss best practices in school-based family counseling (SBFC). **The WISR community is welcome to attend any of the seminar presentations.** The early morning times are to accommodate presenters in different time zones around the world.

**Time: Aug 6, 2020 07:00 AM Pacific Time (US and Canada)**

**Every day, until Aug 9, 2020, 4 occurrence(s)**

**Aug 6, 2020 08:00 AM**

**Aug 7, 2020 07:00 AM**

**Aug 8, 2020 07:00 AM**

**Aug 9, 2020 07:00 AM**

**Join Zoom Meeting**

**<https://us02web.zoom.us/j/86066568863>**



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### **Thursday August 6**

#### **Keynote Address: Education for Children of Commercial Sex Workers: An Experience of Community-based Participatory Approach**

8am PST (SF)

*Sibnath Deb*, PhD

*Rajiv Ghandi*, National Institute for Youth Development, Ministry of Youth Affairs and Sports, Government of India, Sriperumbudur, Tamil Nadu, India

Moderator: *Brian Gerrard*, PhD

#### **Parents' Educational Involvement and Educational Goals: In the Eyes of the Beholder**

9am PST (SF)

*Nurit Kaplan Toren*, PhD, Oranim Academic College of Education, University of Haifa, Israel

Moderator: *Gertina van Schalkwyk*, PhD

#### **Culturally Informed School-Based Suicide Prevention: Risk, Response & Resilience**

10am PST (SF)

*Shashank V. Joshi*, MD, Professor of Psychiatry, Pediatrics & Education, Stanford University School of Medicine, Palo Alto, California, USA

Moderator: *Gertina van Schalkwyk*, PhD

### **Friday August 7**

#### **School Intervention: How to Promote Socio-Cognitive Functioning in Initial Education**

7am PST (SF)

*Mirta Ison*, PhD 1,2, *Daniela González*, PhD2 & *Celina Korzeniowski*, PhD1, 2

1 Human, Social and Environmental Science Institute of the National Scientific and Technical Research Council (INCIHUSA - CONICET), Technological Scientific Centre (CCT Mendoza-CONICET), Argentina, 2 Faculty of Psychology, Aconcagua University Mendoza, Argentina

Moderator: *Allan Morotti*, PhD

#### **Developing A School-Based Response to High-Conflict Divorce**

8am PST (SF)

*Jeff Chang*, Ph. D., R. Psych., Faculty of Health Disciplines, Athabasca University, Calgary, Alberta, Canada

Moderator: *Allan Morotti*, PhD

#### **Connecting the SBFC Dots: Family Therapy in Schools Topical Interest Network**

9am PST (SF)

*Kathleen Laundry*, PhD, Department of Counselor Education and Family Therapy, Central Connecticut University, New Britain, Connecticut, USA

Moderator: *Sheena Sattarpour*, MA

#### **The Thunder Valley cdc Youth Leadership Development Initiative**

10am PST (SF)

*Aimee Pond*, MSc, Director of Youth Leadership Development Initiative, Thunder Valley cdc Pine Ridge Reservation, South Dakota, USA

Moderator: *Sheena Sattarpour*, MA

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### **Saturday August 8**

#### **How Covert Aggression Contributes To The Power Imbalance Experienced By Children Who Are Bullied**

7am SF

*Helen Nelson, PhD; Garth Kendall, PhD; and Sharyn Burns, PhD., Curtin University, Perth, Western Australia, Australia*

Moderator: *Peter Geiger, MA, LMFT*

#### **Supporting Students' Executive Functions in the Classroom Context**

8am PST (SF)

*Celina Korzeniowski & Mirta Ison*

Human, Social and Environmental Science Institute of the National Scientific and Technical Research Council (INCIHUSA - CONICET), Technological Scientific Centre (CCT Mendoza-CONICET), Argentina, Faculty of Psychology, Aconcagua University, Mendoza, Argentina

Moderator: *Peter Geiger, MA, LMFT*

#### **Growing SBFC Self-Help Networks in a Pandemic: The SSWN Webinar Series and SSWNetwork**

9am PST (SF)

*Michael S. Kelly PhD, LCSW, School of Social Work, Loyola University Chicago, IL, USA*

Moderator: *Brian Gerrard, PhD*

### **Sunday August 9**

#### **Culturally Responsive Re-engagement of Children and Families Experiencing Expulsion from School Using a Restorative Practice Approach**

7am PST (SF)

*Karen L. Mackie, PhD & Rebeka Radna-Crasta, NCC, CAGS, MS, MEd, Univ Rochester, NY*

Moderator: *Nurit Kaplan-Toren, PhD*

#### **A to Z of Emotionally Intelligent Parenting and Lifestyle Webinar**

8am PST (SF)

*Helen Y. Sung, Ph.D., LEP, Alliant International University, Emeryville, California, USA*

Moderator: *Nurit Kaplan-Toren, PhD*

#### **Understanding the Experiences of School-Based Marriage and Family Therapists**

9am PST (SF)

*Wade Fuqua, PhD, LPC, LMFT, Licensed Professional Counselor, North Little Rock, AL, USA*

Moderator: *Brian Gerrard, PhD*

#### **Concluding Remarks (All) 10am SF**

Moderator: *Brian Gerrard, PhD*

## **RACIST POLICING -SOLUTIONS PANEL DISCUSSION MFT & Interdisciplinary Seminar**

~See full listing above in Interdisciplinary section

Saturday, August 22, 10am-1pm

Organized by Rosa Reinikainen, MFT, WISR Adjunct Faculty

<https://us02web.zoom.us/j/83314614561>



## **THERAPIST SELF-CARE: B.R.E.A.T.H.E., Parts 1 & 2**

Saturday, August 29, (also October 10th)

10am – 1pm

Karen Wall, EdD, LMFT, RN-BC, WISR Faculty, Facilitator.

Caregiving staff, while trying to provide safe and compassionate care, often become the target of anger, hostility, and even verbal and emotional abuse from family members, and even clients. They begin to lose the meaning in their work, start to burnout, and "just make it through the day to get their pay." This training is for counselors, especially in the early part of their career, to lay a foundation of self-care which is important to being effective therapists.



Video/phone conferencing Zoom link for August 29th:

<https://us02web.zoom.us/j/83875801457>; Phone# 669-900-6833 with

ID# 838 7580 1457. Please RSVP [karen.wall@wizr.edu](mailto:karen.wall@wizr.edu) or call 510-655-2830 and provide a phone# in case of technical difficulties.

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Phone# 669-900-6833 with ID# 834 5747 4365. Please RSVP [rosa.reinikainen@wizr.edu](mailto:rosa.reinikainen@wizr.edu) or call 510-655-2830 and provide a phone# in case of technical difficulties.

## **THERAPIST SELF-CARE: B.R.E.A.T.H.E., Parts 1 & 2**

Saturday, October 10th (See full description above for August 29th)

10am – 1pm; Karen Wall, EdD, LMFT, RN-BC, WISR Faculty, Facilitator.

## **PSYCHOPHARMACOLOGY, Parts 1 & 2**

Saturday, November 14th, Part 1; Saturday, December 12th, Part 2

10am – 1pm; Karen Wall, EdD, LMFT, RN-BC, WISR Faculty, Facilitator

As mental health practitioners, our work is to provide services with the goal of helping our client to reduce emotional pain, and to promote psychological growth and healing. Psychiatric medications are increasingly being prescribed by providers who are not psychiatrists; therefore, it is important for non-medical mental health providers, such as therapists, to be familiar with these medications in order to be able to monitor client responses for efficacy and side effects of the medications, and compliance in our clients who are taking these medications. Regardless of the therapist's degree of involvement or interest in medication management, the large body of evidence demonstrating the connection between

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certain mental disorders and neurochemical imbalances has made it important for therapists to be able to address medication-related topics that are directly related to diagnoses and referrals.

**Video/phone conferencing Zoom link for Nov & Dec <https://us02web.zoom.us/j/81408552008>  
Phone# 669-900-6833 with ID# 814 0855 2008. Please RSVP [rosa.reinikainen@wizr.edu](mailto:rosa.reinikainen@wizr.edu) or call 510-655-2830 and provide a phone# in case of technical difficulties.**

## **MORE ANNOUNCEMENTS**

### **Covid 19 Resources for Therapists**

WISR Alum Diane Poole Heller offers a masterclass, Nurturing Resilience During a Traumatic Crisis masterclass: Therapists can earn 30 CE credits.

<https://www.therapymastermindcircle.com/nurturing-resilience-during-a-traumatic-crisis-replay/>

Links to free content: various interviews around COVID 19 and how best to respond:

~Deb Dana: Responding to Stress and Dysregulation in our Nervous System

<https://www.youtube.com/watch?v=EGQl64Mo8fM>

~MingTong Gu: How to Practice Self Care: <https://www.youtube.com/watch?v=bYJKKIpQM8Q>

~Pat Love: Societal and Trauma Fallout from COVID 19

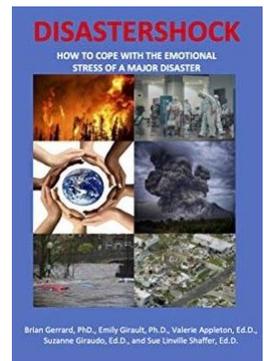
<https://www.youtube.com/watch?v=fONDEhZtAEk>

~Francesca Maxime: Exploring Diversity and Marginalized Populations during COVID 19

<https://www.youtube.com/watch?v=Nw9ctng-ryg>

**Valuable Resource on Dealing with Stress During a Major Disaster, Co-authored by WISR Faculty Member, and Chief Academic Officer, Brian Gerrard, PhD: *Disastershock: How to Cope with the Stress of a Major Disaster***

A 40 person Disastershock Team from 10 countries is currently translating Disastershock into 15 languages for global distribution. Free copies of Disastershock may be downloaded from [disastercopingresources.com](http://disastercopingresources.com). If you are willing to volunteer some time to assist us with helping our global family, please contact Brian ([brian.gerrard@wizr.edu](mailto:brian.gerrard@wizr.edu)).



## **WISR'S STATEMENT AND ACTIONS ON RACIAL JUSTICE**

The Current Voices and Actions in Support of Racial Justice Must Not Be a Moment, but Must Be a Continuing Movement Toward Racial Justice. We believe in Dr. King's famous statement that "We shall overcome because the arc of the moral universe is long, but it bends toward justice."

It is the responsibility of all of us to make Dr. King's statement true, and not to be bystanders at this important time. The current and long overdue attention must be sustained beyond a brief moment of outrage in time, especially, given that the United States' founding history was significantly based on the slavery of African Americans and the genocide of Native Americans.

Since WISR's founding, its mission and educational programs have been committed in practice, not just in words, to multiculturalism, inclusive diversity and social justice.

Members of the WISR learning community remain committed to these principles, although each member may demonstrate their commitments in different ways, through their own individual voices as well as through their collaborative actions at WISR and beyond.

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To support further the expression of these voices and WISR's actions, we have this webpage <https://www.wizr.edu/wisrs-statement-and-actions-on-racial-justice/> to publicize our present and past actions. Members of the WISR community are encouraged to share information about their current efforts on behalf of racial justice, or to suggest possible ways to take constructive action.

### **IMPORTANT INFORMATION AND DISCLOSURES ABOUT WISR SEMINARS AND EVENTS** <https://www.wizr.edu/academics/sample-page/seminars-and-campus-events/>

- For those who are new to WISR, here are some important things to know about WISR seminars and events.
- All WISR seminars and events are accessible online through the use of Zoom, and they are also concurrently held on site at WISR's facility in Berkeley, CA, which is on unceded, traditional Ohlone territory.
- At WISR, we intend to create a learning environment that is safe, and supportive of mutually respectful dialogue and collaboration, and curiosity and openness in learning. [see WISR's Statement of Non-Discrimination and Affirmation of Diversity Values: <https://www.wizr.edu/wizr-statement-of-affirmation-of-diversity-values/> --and a portion a portion of which is found under "WISR Core Values Include" below ]
- At WISR, we welcome people from all walks of life and of many, varied values and political beliefs, who share WISR's commitment to our affirmation of diversity values.
- At the beginning of each seminar, we give each participant a minute to introduce themselves, and if they wish, to share a bit about themselves. Those wishing to inform others of the personal pronoun they wish to have used for themselves, are encouraged to do so, when introducing themselves.
- **DISCLOSURE ABOUT RECORDING EVENTS AT WISR, AND WISR'S USE OF THE PHOTOS AND VIDEOS OF WISR'S PUBLIC EVENTS.**



All WISR seminars and events are recorded, and photos and video clips, and sometimes entire videos, of WISR seminars may be posted on WISR's website, on WISR's Facebook Page, or on WISR's You Tube Channel. We publicly share some videos and clips to promote WISR's educational content to the wider public. In addition, the entire video of each seminar is, with some exceptions, accessible to WISR students, faculty and staff through WISR's online courses. By participating in a WISR seminar or other event, you are giving WISR permission to use photos or videos of your participation in these seminars and events. However, if you have strong concerns about a particular portion of the seminar in which you made comments, you may, within 24 hours, request that we remove that portion of your comments. In addition, if you want us to edit out your image and entire participation from one, or even all videos, or photos, of WISR seminars we will honor such requests.

### **WISR CORE VALUES INCLUDE**

Developing a multicultural, inclusive perspective. This means developing and using multicultural perspectives to inform one's purposes, and one's views of social issues and challenges and opportunities in one's chosen fields or arenas of endeavor—profession, workplace, community.

- Developing a sense of empathy, compassion and community toward, and with others.
- Appreciating and understanding the broad spectrum of perspectives and consciousness, and how those arise out of people's culture, gender, economic background, religious and sexual orientation.
- A culture of learning that respects and promotes the dignity of every person.
- The belief that no individual or group may rightfully prosper at the expense of others.
- The use of language that conveys respect for persons whose gender identity, culture, religion, sexual orientation, economic background, or political interests may differ from our own.

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