



"Multicultural is WISeR"

Western Institute for Social Research 2930 Shattuck Avenue, Suite 300, Berkeley, CA 94705 (510) 655-2830 [mail@wizr.edu](mailto:mail@wizr.edu), [www.wizr.edu](http://www.wizr.edu)

## SEMINARS & ANNOUNCEMENTS JULY-AUGUST, 2020

**WISR has a newsletter, collaborated on by  
Gabriela Hofmeyer and John Bilorusky!  
[INAUGURAL WISR NEWSLETTER: Summer 2020](#)**



**CALENDAR:** Until further notice, due to COVID-19,  
all WISR seminars and events are online only

*All of the following events, WISR sponsored or that the WISR Community is invited to join, count as hours of collaboration for WISR students in their coursework.*

**The WISR Community is invited to join:**

Sat 7/11 On Humiliation To Dignity: Future of Global Solidarity <https://youtu.be/59JxZAA4nOA>

Sun 7/12 On Humiliation To Dignity: Future of Global Solidarity ([See below for Zoom and pw](#))

**Interdisciplinary Seminars & Events**

Sat 7/18, 10am-12pm Action-Research—The WISR Way  
<https://us02web.zoom.us/j/84343272330>

8/6-9 [2020 Oxford Symposium in School-Based Family Counseling Webinar](#); Annual event of & Co-sponsored by the Center for Child & Family Development. [See below for times and Zoom link](#)

Sat 8/22, 10am-12pm Racist Policing Followup  
<https://us02web.zoom.us/j/83314614561>

**MFT Seminars (w/CEUs\* see details below)**

Sat 7/11, 10am-12pm Practicum Process Group <https://us02web.zoom.us/j/88652796092>

Sat 7/25, 10am-1pm Conflict, Control, And Out Of Control In Couples  
And Couple Therapy <https://us02web.zoom.us/j/86935831541>

Sat 8/1, 10am-12pm Practicum Process Group <https://us02web.zoom.us/j/85388008924>

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## WISR'S STATEMENT AND ACTIONS ON RACIAL JUSTICE

*The Current Voices and Actions in Support of Racial Justice Must Not Be a Moment, but Must Be a Continuing Movement Toward Racial Justice. We believe in Dr. King's famous statement that "We shall overcome because the arc of the moral universe is long, but it bends toward justice."*

*It is the responsibility of all of us to make Dr. King's statement true, and not to be bystanders at this important time. The current and long overdue attention must be sustained beyond a brief moment of outrage in time, especially, given that the United States' founding history was significantly based on the slavery of African Americans and the genocide of Native Americans.*

*Since WISR's founding, its mission and educational programs have been committed in practice, not just in words, to multiculturalism, inclusive diversity and social justice.*

*Members of the WISR learning community remain committed to these principles, although each member may demonstrate their commitments in different ways, through their own individual voices as well as through their collaborative actions at WISR and beyond.*

*To support further the expression of these voices and WISR's actions, we have this webpage <https://www.wizr.edu/wisrs-statement-and-actions-on-racial-justice/> to publicize our present and past actions. Members of the WISR community are encouraged to share information about their current efforts on behalf of racial justice, or to suggest possible ways to take constructive action.*

### **ADDITIONAL ANNOUNCEMENTS (more detail below)**

**To facilitate the quality of an interactive seminar experience for everyone, Participants are strongly encouraged to stay engaged and keep their video on at all times.**

~Those with [wizr.edu](http://wizr.edu) email addresses can find seminar/event info on their Google Calendars.

~**WISR SUPPORTS FACEBOOK AD BOYCOTT IN JULY!** WISR faculty voted June 26, 2020 to suspend our purchase of Facebook Ads during the month of July, in support of civil rights groups that have called for boycott of Facebook, because of Facebook's failure to limit "racist, bigoted, anti-Semitic, white supremacist and otherwise violent content."

~**Covid 19 Resources**

~**Important Information and Disclosures about WISR Seminars and Events**

~**Look for our Facebook page, [wizrberkeley](#) on Twitter and [wiserberkeley](#) on Instagram.**

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**THE WISR COMMUNITY IS INVITED TO JOIN:  
Coming up this weekend!**

## **ON HUMILIATION TO DIGNITY: FUTURE OF GLOBAL SOLIDARITY**

**Saturday, July 11th, 11:30pm PST**

*Invitation from Evelin Lindner, Head of the Human Dignity and Humiliation Studies Global network which partners with WISR in many ways.* This will be live on YouTube to several thousand listeners, hosted by one of the leading schools of India, the Sri Sathya Sai Vidya Vihar in Indore, <https://youtu.be/59JxZAA4nOA> The Saturday event will be available later to view as well.

**Sunday, July 12th, 1:30pm PST. Following, Evelin Lindner** would like to invite you to a little informal Sunday gathering, preferably with a cup of coffee on your

*table, if you like! That's because I miss our contact!*

**Zoom** <https://uio.zoom.us/j/65644513479?pwd=aisweWxLQlg4STdOaVQxOVA5eHc1UT09>

**Meeting ID: 656 4451 3479, Password: 461705**

**Supporting Document & Video:** [From Humiliation to Dignity: For a Future of Global Solidarity: The Coronavirus Pandemic as Opportunity in the Midst of Suffering](#), by Evelin Lindner, Medical Doctor, Psychologist, Dr. med., Dr. psychol.

[Youtube Interview of Evelin Linder.](#)

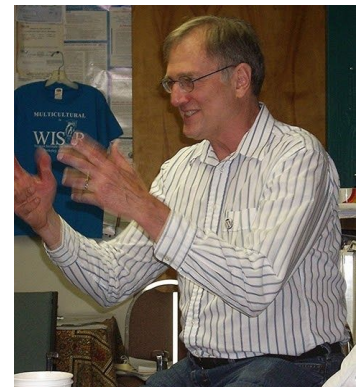
**INTERDISCIPLINARY SEMINAR(S)** are a way for WISR students to learn about core subjects of social change, writing, multiculturalism, adult/higher education, community leadership and social action-research. Community members are welcome to participate as well. Students are strongly requested to participate in at least one seminar each month, unless they have an unavoidable conflict. Students also have the option of creating seminars on topics of interest, of forming their own peer discussion groups, and developing regular collaborations with other WISR students.

### **ACTION-RESEARCH—THE WISR WAY**

**Saturday, July 18th, 10:00am-12:00pm**

**John Bilorusky, WISR Faculty, Facilitator.**

Dr. Bilorusky, WISR faculty member since WISR's founding in 1975, has just finished a draft of a comprehensive book on Transformative Action-Research—the WISR Way. This book includes, improves upon and adds to many curriculum materials and writings developed on action-research at WISR over the past 45 years. A few others at WISR have contributed to chapters in



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the book as well. The draft is being submitted to a major academic publisher for consideration. In the meantime, the book has been uploaded to WISR's online courses platform, and will in the future be used as the text for WISR's courses on action-research.

John will briefly discuss the topics included in the book, and how students may make best use of the book, even if they have already completed the action-research course. The book can be a valuable resource for student theses, and the action-research labs required in a majority of WISR courses. There will be ample time for seminar participants to make comments and ask questions, as well as to discuss with others how they might use action-research in any of their upcoming projects or courses.

To join from a distance use Zoom Meeting ID: 843 4327 2330 <https://us02web.zoom.us/j/84343272330> or by phone 669 900 6833. For help with technical difficulties call John Bilorusky at 510 601 8164 or email [johnb@wizr.edu](mailto:johnb@wizr.edu).



### COMPUTING BASICS, GOOGLE FOR EDUCATION, AND MORE...

*What Students and Faculty Need to Know!*, originally scheduled for July 18th with Mark Wilson has been postponed to a later date yet to be determined.

**8/6-9 2020 OXFORD SYMPOSIUM IN SCHOOL-BASED FAMILY COUNSELING WEBINAR;** Annual event of & Co-sponsored by the Center for Child & Family Development. [See below for times and Zoom link](#)

**RACIST POLICING FOLLOWUP** Saturday, August 22, 10am-12pm

Organized by Rosa Reinikainen, MFT, WISR Adjunct Faculty.  
<https://us02web.zoom.us/j/83314614561>

**MARRIAGE FAMILY THERAPY (MFT) SEMINARS** are for WISR students pursuing an MFT and/or LPCC license. Other interested persons are welcome to attend (on site or by video conference) and receive CEU credit for MFTs and LPCCs, but you must RSVP the faculty member (see email contact info below) in advance. \*WISR students not in the MFT program may get CEU credit for no additional charge, others pay \$40. These seminars are typically held at WISR from 10am to 12 or 1pm (as listed) with a short break; often students bring a snack. MFT students must participate in a total of 48 such seminars in order to graduate. These required seminars for our MS program lead to the State of California MFT and LPCC licenses and are now available by telephone conference call and video webinar.

### PRACTICUM PROCESS GROUP, Monthly Series of Seminars

Saturday, July 11th, August 1st, 10am-12pm

Rosa Reinikainen, MFT, WISR Adjunct Faculty will lead this group for those MFT and LPCC students and alumni who are pre-practicum, those who are in practicum, and those who have already done their practicum. We will be discussing issues around therapy practices, including treatment plans, assessments,



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modalities etc. This is a place for students, interns and associates to discuss their experiences, hopes and ideas and to discuss the world of therapy in a group setting. This is a monthly seminar where we can discuss any thoughts, ideas or concerns you might have surrounding practicum and therapy practices. Everyone is welcome regardless of where you are at in your learning.

To join from a distance use the Zoom ID 886 5279 6092 and link <https://us02web.zoom.us/j/88652796092> or by phone, call 669-900-6833. On August 1st, use the Zoom ID 853 8800 8924, <https://us02web.zoom.us/j/85388008924>. To RSVP or for help with technical difficulties call 510-655-2830 or email [rosa.reinikainen@wisr.edu](mailto:rosa.reinikainen@wisr.edu) and provide a phone# in case of technical difficulties.

## **CONFLICT, CONTROL, AND OUT OF CONTROL IN COUPLES AND COUPLE THERAPY**

**Saturday, July 25th, 10am-1pm**

**Ronald Mah, MA, LMFT, PhD, Faculty.**

The book [Conflict, Control, and Out of Control in Couples and Couple Therapy](#) by Dr. Mah addresses the continuum of assertion, aggression, and abuse between partners. The therapist is guided how to promote appropriate assertiveness and aggression while avoiding crossing the boundary of abuse. Conflict is intrinsic to most couples, but relative control vs. getting out of control varies greatly resulting in relationship health or dysfunction. The therapist is directed how to guide partners how to deal w/ anger and frustration -- learning how to fight fairly and productively to prevent emotional abuse.



The book discusses conceptual vs. practical distinctions between normal couple therapy and domestic violence therapy. Therapist boundaries and choices to engage or not in domestic violence therapy become functionally problematic when intimate partner violence is unanticipated but uncovered in sessions. The therapist will learn how to assess for, manage, and treat partners when emotional reactivity becomes emotional abuse -- a focus of normal couple therapy; when verbal abuse predicts physical abuse; and when domestic violence is revealed.

To join from a distance, use ID869 3583 1541, <https://us02web.zoom.us/j/86935831541>, or by phone either date, call 669-900-6833 with meeting ID. To RSVP or for help with technical difficulties call 510 655 2830 or email [ronald.mah@wisr.edu](mailto:ronald.mah@wisr.edu) or [john.bilorusky@wisr.edu](mailto:john.bilorusky@wisr.edu) and provide a phone#.



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## **2020 OXFORD SYMPOSIUM IN SCHOOL-BASED FAMILY COUNSELING WEBINAR**

Annual event of & Co-sponsored by the Center for Child & Family Development

**Thursday through Sunday, August 6-9, 2020**

*The Oxford Symposium in School-Based Family Counseling* is an international association of practitioners and scholars who meet yearly at Brasenose College, Oxford, England (and other locations) to discuss best practices in school-based family counseling (SBFC). **The WISR community is welcome to attend any of the seminar presentations.** The early morning times are to accommodate presenters in different time zones around the world.

**Time: Aug 6, 2020 07:00 AM Pacific Time (US and Canada)**

**Every day, until Aug 9, 2020, 4 occurrence(s)**

**Aug 6, 2020 08:00 AM**

**Aug 7, 2020 07:00 AM**

**Aug 8, 2020 07:00 AM**

**Aug 9, 2020 07:00 AM**

**Join Zoom Meeting**

**<https://us02web.zoom.us/j/86066568863>**



**Thursday August 6**

**Keynote Address: Education for Children of Commercial Sex Workers: An Experience of Community-based Participatory Approach**

**8am PST (SF)**

***Sibnath Deb, PhD***

***Rajiv Gandhi, National Institute for Youth Development, Ministry of Youth Affairs and Sports, Government of India, Sriperumbudur, Tamil Nadu, India***

**Moderator: *Brian Gerrard, PhD***

**Parents' Educational Involvement and Educational Goals: In the Eyes of the Beholder**

**9am PST (SF)**

***Nurit Kaplan Toren, PhD, Oranim Academic College of Education, University of Haifa, Israel***

**Moderator: *Gertina van Schalkwyk, PhD***

**Culturally Informed School-Based Suicide Prevention: Risk, Response & Resilience**

**10am PST (SF)**

***Shashank V. Joshi, MD, Professor of Psychiatry, Pediatrics & Education, Stanford University School of Medicine, Palo Alto, California, USA***

**Moderator: *Gertina van Schalkwyk, PhD***

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### **Friday August 7**

#### **School Intervention: How to Promote Socio-Cognitive Functioning in Initial Education**

7am PST (SF)

*Mirta Ison, PhD 1,2, Daniela González, PhD2 & Celina Korzeniowski, PhD1, 2*

1 Human, Social and Environmental Science Institute of the National Scientific and Technical Research Council (INCIHUSA - CONICET), Technological Scientific Centre (CCT Mendoza-CONICET), Argentina, 2 Faculty of Psychology, Aconcagua University Mendoza, Argentina

Moderator: *Allan Morotti, PhD*

#### **Developing A School-Based Response to High-Conflict Divorce**

8am PST (SF)

*Jeff Chang, Ph. D., R. Psych., Faculty of Health Disciplines, Athabasca University, Calgary, Alberta, Canada*

Moderator: *Allan Morotti, PhD*

#### **Connecting the SBFC Dots: Family Therapy in Schools Topical Interest Network**

9am PST (SF)

*Kathleen Laundry, PhD, Department of Counselor Education and Family Therapy, Central Connecticut University, New Britain, Connecticut, USA*

Moderator: *Sheena Sattarpour, MA*

#### **The Thunder Valley cdc Youth Leadership Development Initiative**

10am PST (SF)

*Aimee Pond, MSc, Director of Youth Leadership Development Initiative, Thunder Valley cdc Pine Ridge Reservation, South Dakota, USA*

Moderator: *Sheena Sattarpour, MA*

### **Saturday August 8**

#### **How Covert Aggression Contributes To The Power Imbalance Experienced By Children Who Are Bullied**

7am SF

*Helen Nelson, PhD; Garth Kendall, PhD; and Sharyn Burns, PhD., Curtin University, Perth, Western Australia, Australia*

Moderator: *Peter Geiger, MA, LMFT*

#### **Supporting Students' Executive Functions in the Classroom Context**

8am PST (SF)

*Celina Korzeniowski & Mirta Ison*

Human, Social and Environmental Science Institute of the National Scientific and Technical Research Council (INCIHUSA - CONICET), Technological Scientific Centre (CCT Mendoza-CONICET), Argentina, Faculty of Psychology, Aconcagua University, Mendoza, Argentina

Moderator: *Peter Geiger, MA, LMFT*

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### **Growing SBFC Self-Help Networks in a Pandemic: The SSWN Webinar Series and SSWNetwork**

9am PST (SF)

*Michael S. Kelly* PhD, LCSW, School of Social Work, Loyola University Chicago, IL, USA

Moderator: *Brian Gerrard*, PhD

### **Sunday August 9**

#### **Culturally Responsive Re-engagement of Children and Families Experiencing Expulsion from School Using a Restorative Practice Approach**

7am PST (SF)

*Karen L. Mackie*, PhD & *Rebeka Radna-Crasta*, NCC, CAGS, MS, MEd, Univ Rochester, NY USA

Moderator: *Nurit Kaplan-Toren*, PhD

#### **A to Z of Emotionally Intelligent Parenting and Lifestyle Webinar**

8am PST (SF)

*Helen Y. Sung*, Ph.D., LEP, Alliant International University, Emeryville, California, USA

Moderator: *Nurit Kaplan-Toren*, PhD

#### **Understanding the Experiences of School-Based Marriage and Family Therapists**

9am PST (SF)

*Wade Fuqua*, PhD, LPC, LMFT, Licensed Professional Counselor, North Little Rock, AL, USA

Moderator: *Brian Gerrard*, PhD

#### **Concluding Remarks (All)**

10am SF

Moderator: *Brian Gerrard*, PhD

### **MORE ANNOUNCEMENTS**

#### **Covid 19 Resources for Therapists**

WISR Alum Diane Poole Heller offers a masterclass, Nurturing Resilience During a Traumatic Crisis masterclass: Therapists can earn 30 CE credits.

<https://www.therapymastermindcircle.com/nurturing-resilience-during-a-traumatic-crisis-replay/>

Links to free content: various interviews around COVID 19 and how best to respond:

Deb Dana: Responding to Stress and Dysregulation in our Nervous System

<https://www.youtube.com/watch?v=EGQl64Mo8fM>

MingTong Gu: How to Practice Self Care: <https://www.youtube.com/watch?v=bYJKKIpQM8Q>

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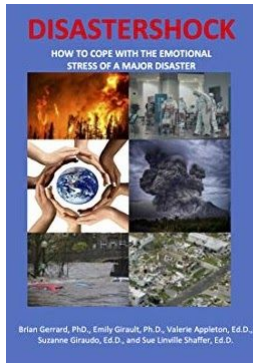
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Pat Love: Societal and Trauma Fallout from COVID 19

<https://www.youtube.com/watch?v=fONDEhZtAEk>

Francesca Maxime: Exploring Diversity and Marginalized Populations during COVID 19

<https://www.youtube.com/watch?v=Nw9ctng-ryg>



**Valuable Resource on Dealing with Stress During a Major Disaster, Co-authored by WISR Faculty Member, and Chief Academic Officer, Brian Gerrard, PhD: *Disastershock: How to Cope with the Stress of a Major Disaster*** A 40 person Disastershock Team from 10 countries is currently translating Disastershock into 15 languages for global distribution. Free copies of Disastershock may be downloaded from [disastercopingresources.com](http://disastercopingresources.com). **If you are willing to volunteer some time to assist us with helping our global family, please contact Brian ([brian.gerrard@wizr.edu](mailto:brian.gerrard@wizr.edu)).**

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- For those who are new to WISR, here are some important things to know about WISR seminars and events.
- All WISR seminars and events are accessible online through the use of Zoom, and they are also concurrently held on site at WISR's facility in Berkeley, CA, which is on unceded, traditional Ohlone territory.
- At WISR, we intend to create a learning environment that is safe, and supportive of mutually respectful dialogue and collaboration, and curiosity and openness in learning. [see WISR's Statement of Non-Discrimination and Affirmation of Diversity Values: <https://www.wizr.edu/wizr-statement-of-affirmation-of-diversity-values/> --and a portion a portion of which is found under "WISR Core Values Include" below ]
- At WISR, we welcome people from all walks of life and of many, varied values and political beliefs, who share WISR's commitment to our affirmation of diversity values.
- At the beginning of each seminar, we give each participant a minute to introduce themselves, and if they wish, to share a bit about themselves. Those wishing to inform others of the personal pronoun they wish to have used for themselves, are encouraged to do so, when introducing themselves.
- All WISR seminars and events are recorded, and photos and brief video clips of WISR seminars may be posted on WISR's website. In addition, the entire video of each seminar is accessible to WISR students, faculty and staff through WISR's online courses. By participating in a WISR seminar or other event, you are giving WISR permission to use photos or videos of your participation in these seminars and events. However, if you have strong concerns about a particular portion of the seminar in which you made comments, you may, within 24 hours, request that we remove that portion of your comments. (For more details, go to: <https://www.wizr.edu/academics/sample-page/seminars-and-campus-events/> )



### WISR CORE VALUES INCLUDE

Developing a multicultural, inclusive perspective. This means developing and using multicultural perspectives to inform one's purposes, and one's views of social issues and challenges and opportunities in one's chosen fields or arenas of endeavor—profession, workplace, community.

- Developing a sense of empathy, compassion and community toward, and with others.
- Appreciating and understanding the broad spectrum of perspectives and consciousness, and how those arise out of people's culture, gender, economic background, religious and sexual orientation.
- A culture of learning that respects and promotes the dignity of every person.
- The belief that no individual or group may rightfully prosper at the expense of others.
- The use of language that conveys respect for persons whose gender identity, culture, religion, sexual orientation, economic background, or political interests may differ from our own.

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