



"Multicultural is WISer"

Western Institute for Social Research 2930 Shattuck Avenue, Suite 300, Berkeley, CA 94705 (510) 655-2830 [mail@wizr.edu](mailto:mail@wizr.edu), [www.wizr.edu](http://www.wizr.edu)

**MONTHLY NEWSLETTER OF THE  
WESTERN INSTITUTE FOR SOCIAL RESEARCH (WISR)**

**DECEMBER, 2019 to JANUARY, 2020**

[Announcements \(Click here for more info below\):](#)

**Invitation to Catalog WISR's Library**

**Important Information and Disclosures about WISR Seminars and Events**

**CALENDAR:** All seminars and events are onsite and online, except where it indicates they are online only and not onsite. (*Those with [wizr.edu](mailto:wizr.edu) email addresses can find seminar/event info on their Google Calendars.*)

[Interdisciplinary Seminars & Events](#)

**Mon. 12/9** Yack & Hack: WISR's Future As An Online Learning Institution: **online only**

**Mon. 1/13/20** Yack & Hack: WISR's Future As An Online Learning Institution: **online only**

**Sat. 1/25/20** Computer Basics for Learning Online: What Students and Faculty Need to Know!

[MFT Seminars \(w/CEUs\\* see details below\)](#)

**Sat. 12/7** Psychopathology and Diagnostic Principles I

**Sat. 12/14** Practicum Process Group: **online only**

**Sat. 1/11/20** Psychopathology and Diagnostic Principles II

**Sat. 1/18/20** Practicum Process Group: **online only**

**Sat. 2/1/20** Psychopathology and Diagnostic Principles III

[~Look for our page and group on Facebook, also WISRBerkeley on Twitter.](#)

If you have difficulty logging in to Zoom seminars, go to

<https://support.zoom.us/hc/en-us/articles/201362003-Zoom-Technical-Support> and click on the blue "Help" button. *International phone numbers are also available.*

**INTERDISCIPLINARY SEMINAR(S) (see next page)** are a way for WISR students to learn about core subjects of social change, writing, multiculturalism, adult/higher education, community leadership and social action-research. Community members are welcome to participate as well. Students are strongly requested to participate in at least one seminar each month, unless they have an unavoidable conflict. *Students also have the option of creating seminars on topics of interest, of forming their own peer discussion groups, and developing regular collaborations with other WISR students.*

## **YACK & HACK: WISR'S FUTURE AS AN ONLINE LEARNING INSTITUTION: *WHAT IS THE INTERNET?***

*(Online/Webinar only; not on site)*

Meets the 2nd Monday of each month

6-8pm

Monday, December 9th, January 13th

**Mark Wilson, WISR's Learning Experience Designer\ Technologist.**

Mark Wilson will demonstrate the structure of the internet, how we connect to each other, and applications we can use to find, create and distribute digital works. To join from a distance use **Zoom Meeting ID 774 808 774**

<https://zoom.us/j/774808774> or by phone **669 900 6833**. For help with technical difficulties call **510 655 2830** or email [mark.wilson@wizr.edu](mailto:mark.wilson@wizr.edu) or [john.bilorusky@wizr.edu](mailto:john.bilorusky@wizr.edu).



## **COMPUTER BASICS FOR LEARNING ONLINE:**

*What Students and Faculty Need to Know!*

Saturday, January 25th, 2020

10am to 12:30pm

**Mark Wilson, WISR's Learning Experience Designer\ Technologist,** will walk through what happens when you press the start button on your computer and the applications WISR students need to know to support learning online, especially Google Education Suite and Zoom. To join from a distance use **Zoom Meeting ID 829 664 736**, <https://zoom.us/j/829664736> or by phone **669 900 6833**. For help with technical difficulties call **510 655 2830** or email [mark.wilson@wizr.edu](mailto:mark.wilson@wizr.edu) or [john.bilorusky@wizr.edu](mailto:john.bilorusky@wizr.edu).



**MARRIAGE FAMILY THERAPY (MFT) SEMINARS** are for WISR students pursuing an MFT and/or LPCC license. Other interested persons are welcome to attend (on site or by video conference) and receive CEU credit for MFTs and LPCCs, but you must RSVP the faculty member (see email contact info below) in advance. \*WISR students not in the MFT program may get CEU credit for no additional charge, others pay \$40. *These seminars are typically held at WISR from 10am to 12 or 1pm (as listed) with a short break; often students bring a snack. MFT students must participate in a total of 48 such seminars in order to graduate. These required seminars for our MS program lead to the State of California MFT and LPCC licenses and are now available by telephone conference call and video webinar.*

## **PSYCHOPATHOLOGY AND DIAGNOSTIC PRINCIPLES I, II & III**

Saturday, December 7th, January 11 and February 1st, 10am-1pm

**Ronald Mah, MA, LMFT, PhD, WISR Faculty.**

These workshops will examine the study of the diagnosis, assessment, prognosis and treatment of mental disorders. Included will

be a study of the characteristics and dynamics associated with various pathologies, ranging from neurotic styles found among "normal," functioning adults to severe disorders. There will be an



examination of different systems of diagnosis, including the current edition of the DSM, and the strategies of treatment associated with these various diagnoses. Various approaches to diagnoses as related to varied mental health practices will lead to the concept and practice of differential diagnosis, the impact of co-occurring substance abuse disorders or medical psychological disorders, established diagnostic criteria for mental or emotional disorders, the role of diagnosis in recovery-oriented care, and the treatment modalities and placement criteria within the continuum of care. Diagnosis, including conceptualizations of issues will be linked to conceptualizations and therapeutic approaches and strategies.

To join from a distance on **December 7th** use **Zoom Meeting ID 999-976-819** <https://zoom.us/j/999976819> or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email [ronald.mah@wizr.edu](mailto:ronald.mah@wizr.edu) or [john.bilorusky@wizr.edu](mailto:john.bilorusky@wizr.edu) and provide a phone# in case of technical difficulties. For **PART II** on **January 11, 2020**, use the following **Zoom ID and link: 129-544-872**, <https://zoom.us/j/129544872>. **PART III** will be on **February 1st**.

**PRACTICUM PROCESS GROUP: Monthly Series of Seminars**  
(Online/Webinar only; not on site)

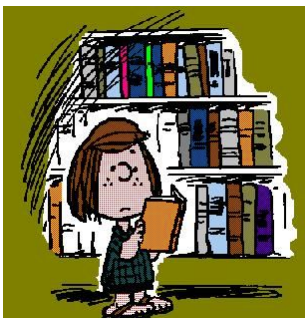
**Saturdays, December 14th, January 18th, 10am-12pm**

**Rosa Reinikainen, MFT, WISR Adjunct Faculty** will lead this group for those MFT and LPCC students and alumni who are who are pre-practicum, those who are in practicum, and those who have already done their practicum. We will be discussing issues around therapy practices, including treatment plans, assessments, modalities etc. This is a place for students, interns and associates to discuss their experiences, hopes and ideas and to discuss the world of therapy in a group setting. This is a monthly seminar where we can discuss any thoughts, ideas or concerns you might have surrounding practicum and therapy practices. Everyone is welcome regardless of where you are at in your learning.



To join from a distance on **November 9th** and **December 14th** use **Zoom Meeting ID: 378 737 730**; <https://zoom.us/j/378737730> or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email [rosa.reinikainen@wizr.edu](mailto:rosa.reinikainen@wizr.edu) and provide a phone# in case of technical difficulties. On **January 18, 2020**, use the following **Zoom ID and link: 425-465-068**, <https://zoom.us/j/425465068>.

**ANNOUNCEMENTS**



**Invitation to Catalog WISR's Library:** We are in the midst of cataloging the books in WISR's library and need 6 or more people people to volunteer about 4 hours per week for at least several months. Training is provided. *Requirements for volunteers include: 1) Be able to read and follow detailed instructions; 2) Have good computer, typing, and internet use skills and 3) Are able to meet with the Librarian on weekends.* Please contact [cynthia.roberson@wizr.edu](mailto:cynthia.roberson@wizr.edu) or [mail@wizr.edu](mailto:mail@wizr.edu) for more information.



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## IMPORTANT INFORMATION AND DISCLOSURES

### ABOUT WISR SEMINARS AND EVENTS

- For those who are new to WISR, here are some important things to know about WISR seminars and events.
- All WISR seminars and events are accessible online through the use of Zoom, and they are also concurrently held on site at WISR's facility in Berkeley, CA, which is on unceded, traditional Ohlone territory.
- At WISR, we intend to create a learning environment that is safe, and supportive of mutually respectful dialogue and collaboration, and curiosity and openness in learning. [see WISR's Statement of Non-Discrimination and Affirmation of Diversity Values: <https://www.wizr.edu/wizr-statement-of-affirmation-of-diversity-values/> --and a portion a portion of which is found under "WISR Core Values Include" below ]
- At WISR, we welcome people from all walks of life and of many, varied values and political beliefs, who share WISR's commitment to our affirmation of diversity values.
- At the beginning of each seminar, we give each participant a minute to introduce themselves, and if they wish, to share a bit about themselves. Those wishing to inform others of the personal pronoun they wish to have used for themselves, are encouraged to do so, when introducing themselves.
- All WISR seminars and events are recorded, and photos and brief video clips of WISR seminars may be posted on WISR's website. In addition, the entire video of each seminar is accessible to WISR students, faculty and staff through WISR's online courses. By participating in a WISR seminar or other event, you are giving WISR permission to use photos or videos of your participation in these seminars and events. However, if you have strong concerns about a particular portion of the seminar in which you made comments, you may, within 24 hours, request that we remove that portion of your comments. (For more details, go to: <https://www.wizr.edu/academics/sample-page/seminars-and-campus-events/> )



### WISR CORE VALUES INCLUDE

Developing a multicultural, inclusive perspective. This means developing and using multicultural perspectives to inform one's purposes, and one's views of social issues and challenges and opportunities in one's chosen fields or arenas of endeavor—profession, workplace, community.

- Developing a sense of empathy, compassion and community toward, and with others.
- Appreciating and understanding the broad spectrum of perspectives and consciousness, and how those arise out of people's culture, gender, economic background, religious and sexual orientation.
- A culture of learning that respects and promotes the dignity of every person.
- The belief that no individual or group may rightfully prosper at the expense of others.
- The use of language that conveys respect for persons whose gender identity, culture, religion, sexual orientation, economic background, or political interests may differ from our own.

Prospective students and Community Learners are invited to attend these seminars. **Contact WISR if you need a ride from the BART or want to carpool. Please avoid wearing perfume or cologne to WISR gatherings as requested by those with asthma & allergies.**