



"Multicultural is WISer"

Western Institute for Social Research

2930 Shattuck Avenue, Suite 300, Berkeley, CA 94705 (510) 655-2830 www.wisr.edu

MONTHLY NEWSLETTER OF THE WESTERN INSTITUTE FOR SOCIAL RESEARCH (WISR)

AUGUST-SEPTEMBER, 2019

[Announcements \(Click here for more info below\):](#)

9/8 WISR Exhibition at Solano Avenue Stroll, Albany and Berkeley, CA

10/18-20: Exhibition at Bioneers, San Rafael, CA

10/24-26: WISR's 11th Annual Conference

Invitation to Help Catalogue WISR's Library!

CALENDAR (*Those with wisr.edu email can find seminar/event info on their Google Calendars.*)

[Interdisciplinary Seminars & Events](#)

8/12 Yack & Hack: WISR's Future As An Online Learning Institution

8/31 Methods Of Participatory Action-Research

9/9 Yack & Hack: WISR's Future As An Online Learning Institution

9/28 Reading Free Books from WISR's Library & Information Resources Network

[MFT Seminars \(w/CEUs* see details below\)](#)

8/10 Sorry Is Not Enough, Infidelity And Betrayal In Couples And Couple Therapy, Part III

8/24 Therapy and Social Justice

9/14 Family System Theories

9/21 Case Management, Advocacy, and Collaborative Treatment

A NOTE ABOUT RECORDING EVENTS AT WISR: As part of WISR's development of content for our online learning courses, it is important that we record seminars, which can be accessed ONLY by members of the WISR Learning Community and no one else.



However, if there is a particular seminar or portion of a seminar that will make an individual feel uncomfortable and or that puts their privacy in jeopardy, as an exception to the rule, we will not record that session (or will delete a requested session or portion of a session), if we are notified by the concerned party within 24 hours of the end of that seminar.

Recordings from the Annual Conference, Graduation Ceremonies, and some parts of the All School Gatherings may be posted to a larger audience on our website, and by participating in those events, an individual agrees to our sharing photos, video and audio of those events.

~Look for our page and group on Facebook, also WISRBerkeley on Twitter. Contact us if you want to join our seminars virtually by Zoom or phone. If you have difficulty logging in, go to <https://support.zoom.us/hc/en-us/articles/201362003-Zoom-Technical-Support> and click on the blue "Help" button. *International numbers are available.*

INTERDISCIPLINARY SEMINAR(S) are a way for WISR students to learn about core subjects of social change, writing, multiculturalism, adult/higher education, community leadership and social action-research. Community members are welcome to participate as well. Students are strongly requested to participate in at least one seminar each month, unless they have an unavoidable conflict. Students also have the option of creating seminars on topics of interest, of forming their own peer discussion groups, and developing regular collaborations with other WISR students.

YACK & HACK: WISR'S FUTURE AS AN ONLINE LEARNING INSTITUTION

Monday, August 12th, September 9th....

6-8pm with Mark Wilson, WISR's Learning Designer/Technologist. Meets the 2nd Monday of each month, 6-8pm.

Join us to discuss WISR's future, online learning, and how we use Google's Education Suite and other free digital technologies to create, access, and distribute educational resources worldwide. The public is welcome and everyone should bring a laptop if they have one. To join from a distance use **Zoom Meeting ID 774 808 774** <https://zoom.us/j/774808774>; or by phone **669 900 6833**. For help with technical difficulties call **510 655 2830** or email mark.wilson@wisr.edu or john.bilorusky@wisr.edu.



METHODS OF PARTICIPATORY ACTION-RESEARCH

Saturday, August 31st, 10-12pm

John Bilorusky, PhD, WISR Faculty, Facilitator.

Because Action-Research is a core requirement for all WISR degree programs, and because many WISR courses have a required "action-research lab," ALL students are expected to make every effort to participate, either on site or by video conference or phone (see information below).

The seminar will be a brief overview of issues and concepts in action-research, followed by a lot of discussion. Students will also have the opportunity to discuss their projects and studies (e.g., current or planned projects in course action-research labs) that are in progress, and to get feedback on their current studies and plans.

Participants are encouraged, but not required, to read the following article before the seminar: <https://www.wisr.edu/wp-content/uploads/2019/04/Participatory-Action-Research-Inclusiveness-and-Empowering-Action-at-WISR-1.pdf>.

To join from a distance, use **Zoom Meeting ID, 767122609**, <https://zoom.us/j/767122609> or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.

**READING FREE BOOKS FROM
WISR'S LIBRARY &
INFORMATION
RESOURCES NETWORK (LIRN)**

LIRN Library & Information
Resources Network

Saturday, September 28th; Mark

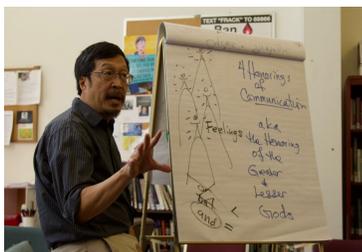
Wilson, WISR's Learning Designer\ Technologist, Facilitator. *More info to come.*

MARRIAGE FAMILY THERAPY (MFT) SEMINARS are for WISR students pursuing an MFT and/or LPCC license. Other interested persons are welcome to attend (on site or by video conference) and receive CEU credit for MFTs and LPCCs, but you must RSVP the faculty member (see email contact info below) in advance. *WISR students not in the MFT program may get CEU credit for no additional charge, others pay \$40. *These seminars are typically held at WISR from 10am to 12 or 1pm (as listed) with a short break; often students bring a snack. MFT students must participate in a total of 48 such seminars in order to graduate. These required seminars for our MS program lead to the State of California's MFT and LPCC licenses and are now available by telephone conference call and video webinar.*

**SORRY IS NOT ENOUGH, INFIDELITY AND BETRAYAL IN COUPLES
AND COUPLE THERAPY**

Saturday, August 10th, 10am-1pm, Part III

Ronald Mah, MA, LMFT, PhD, WISR Faculty. Despite social, cultural, and personal standards of monogamy, affairs remain prevalent in many committed couples. Possibly the most difficult challenge in couple therapy, infidelity in a committed couple can manifest in a variety of forms and for a variety of reasons that reflect the personality and issues of unfaithful partners. The student and therapist is guided in making accurate assessment of causes and types of affairs leading to therapeutic strategies. Reality that apology no matter how sincere is not enough for recovery lead to areas of clinical exploration. Gender and cultural standards and differences are differentiated as well as characterological issues including personality disorders in the assessment process.



Authentic and inauthentic forgiveness in recovery, along with acceptance as an alternative approach/process are examined for reconciliation, as well as the roles of the unfaithful partner and the offended partner in creating the context of infidelity. Immediate considerations at the beginning of treatment including boundaries, decision-making, and discussing the impact of the affair lead to issues of intense scrutiny, transparency, flashbacks, trauma, and assessment of commitment along with etiological considerations such as attachment losses, social modeling, and family-of-origin dynamics that guide the therapist to identify the logic of infidelity and thus, the logic of recovery.

To join from a distance use **Zoom Meeting ID, 876 957 031**, <https://zoom.us/j/876957031> or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email ronald.mah@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.

THERAPY AND SOCIAL JUSTICE

Saturday, August 24th, 10am to 12pm

Rosa Reinikainen MFT, WISR EdD Student, Facilitator. As therapists, educators and researchers we are tasked with the ethical duty to do no harm. We are also tasked with the duty to improve the lives of those in our care. Given that we are facing vast inequalities and discrimination based on race, gender, sexuality, class, national origin as well as environmental destruction, are we doing enough to just treat individuals, couples or even groups?

Keeping in mind the Jewish philosophy of "Tikkun Olam" or "our duty as human beings to "repair of the world," we will explore what it means to be social justice oriented therapists, educators and researchers. This seminar will give us opportunities to look at concepts of anti-racist, anti-classist, anti-homophobia, heterosexism, and transphobia, as well as other areas of societal ills. We will also discuss what it means to participate in creating social change as mental health professionals, educators and researchers and why this is critically important at this time. To join from a distance use **Zoom Meeting ID, 782-189-493**, <https://zoom.us/j/782189493> or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email rosa.reinikainen@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.



FAMILY SYSTEMS THEORIES, Parts I & II

Saturday, September 14th, 10am-2pm;

Monika Scott, MA, LMFT, WISR Faculty.

This is a two-part series that will explore Structural Family Therapy, Strategic Family Therapy, and Bowen Family Systems. We will look at the architects of each theory such as Salvador Minchin, Jay Haley, Virginia Satir, and the application in practice with families.

We will also explore Reliance Theory and other successful modalities in working with families. -- To join from a distance use **Zoom Meeting ID: 866-471-012** <https://zoom.us/j/866471012>; or by phone, 669 900 6833. To RSVP or for help with technical difficulties call **510 655 2830** or email monika.scott-davis@wisr.edu and provide a phone# in case of technical difficulties.



CASE MANAGEMENT, ADVOCACY, AND COLLABORATIVE TREATMENT

Saturday, September 21, 2019 10am-1pm

Ronald Mah, MA, LMFT, PhD, WISR Faculty. This seminar will be a study of case management, systems of care for the severely mentally ill. Also we will cover public and private services and supports available for the severely mentally ill, community resources for persons with mental illness and for victims of abuse, disaster and trauma response, advocacy for the severely mentally ill, and collaborative treatment. In addition, we will study the role of case management, advocacy and collaborative treatment in providing recovery-oriented care and service in recovery-oriented practice environments.



"Multicultural is WISeR"

Western Institute for Social Research

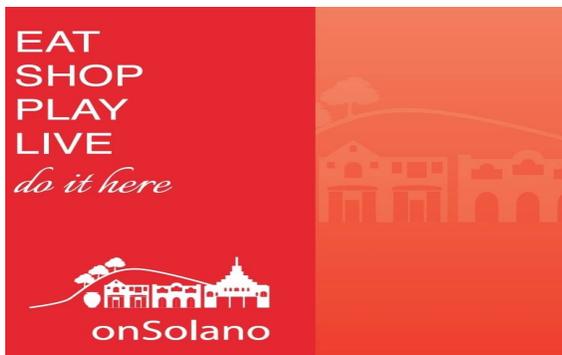
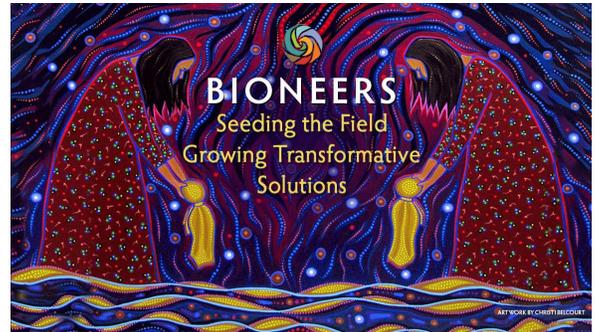
2930 Shattuck Avenue, Suite 300, Berkeley, CA 94705 (510) 655-2830 www.wisr.edu

Upcoming Seminars with Ronald Mah will be as follows:

Psychological Testing and Therapeutic Appraisal and Assessment, October 12, 10am-1pm
Psychopathology and Diagnostic Principles I, II, III, Nov 2, Dec 7, Jan 11, 2020, 10am-1pm

ANNOUNCEMENTS

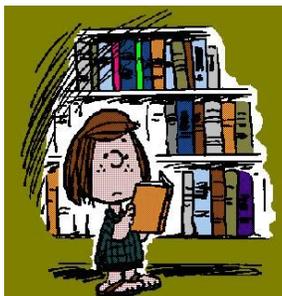
WISR Exhibition at Bioneers: The Western Institute for Social Research (WISR) will exhibit books authored by its alumni and faculty at Bioneers' 2019 Conference, on October 18, 19 and 20, at the Marin Center in San Rafael, CA. Bioneers is a non-profit organization dedicated to environmental and social justice. Please visit with WISR's faculty, staff and volunteers at the Bioneers Conference.



WISR Exhibition at Solano Avenue Stroll:

The Western Institute for Social Research (WISR) will exhibit books authored by its alumni and faculty at the Solano Avenue Stroll, in the twin cities of Albany and Berkeley, CA, on Sunday, September 8, 2019, 10:00 a.m.-5:00 p.m. Join WISR, along with 75 other non-profits, to support independently-owned local businesses and artisans. Parade starts at 10:00 a.m.

WISR's 11th Annual Conference will be Thursday-Saturday, October 24-26, 2019



Help Catalogue WISR's Library!

We are in the midst of cataloging the books in WISR's library and need 6 or more people to volunteer about 4 hours per week for at least several months. Training is provided. *Requirements for volunteers include: 1) Be able to read and follow detailed instructions; 2) Have good computer, typing, and internet use skills and 3) Are able to meet with the Librarian on weekends.* Please contact cynthia.roberson@wisr.edu or mail@wisr.edu for more information.

Prospective students and Community Learners are invited to attend these seminars. Contact WISR if you need a ride from the BART or want to carpool. Please avoid wearing perfume or cologne to WISR gatherings as requested by those with asthma & allergies.