



"Multicultural is WISer"

Western Institute for Social Research

2930 Shattuck Avenue, Suite 300, Berkeley, CA 94705 (510) 655-2830 www.wisr.edu

SEMINARS & ANNOUNCEMENTS

JULY-AUGUST, 2019

CALENDAR (Those with wisr.edu email can find seminar/event info on their Google Calendars.)

Interdisciplinary Seminars & Events

7/8 Yack & Hack: WISR's Future As An Online Learning Institution

7/12 Halcyon Beginnings of the New Sweden Colony in Delaware

7/20 LGBTQI Cultural Competency, Awareness and Humility: Training and Discussion: MFT and Interdisciplinary Seminar

8/12 Yack & Hack: WISR's Future As An Online Learning Institution

MFT Seminars (w/CEUs* see details below)

7/13 Sorry Is Not Enough, Infidelity And Betrayal In Couples And Couple Therapy, Part II

7/20 LGBTQI Cultural Competency, Awareness and Humility: Training and Discussion: MFT and Interdisciplinary Seminar

8/10 Sorry Is Not Enough, Infidelity And Betrayal In Couples And Couple Therapy, Part III


8/24 Therapy and Social Justice

9/14 Family Theories

Announcements: 11th Annual Conference: Thursday-Saturday, October 24-26, 2018

Invitation to Help Catalogue WISR's Library!

A NOTE ABOUT RECORDING EVENTS AT WISR: As part of WISR's development of content for our online learning courses, it is important that we record seminars, which can be accessed ONLY by members of the WISR Learning Community and no one else.

 However, if there is a particular seminar or portion of a seminar that will make an individual feel uncomfortable and or that puts their privacy in jeopardy, as an exception to the rule, we will not record that session (or will delete a requested session or portion of a session), if we are notified by the concerned party within 24 hours of the end of that seminar. Recordings from the Annual Conference, Graduation Ceremonies, and some parts of the All School Gatherings may be posted to a larger audience on our website, and by participating in those events, an individual agrees to our sharing photos, video and audio of those events.

~Look for our page and group on Facebook, also WISRBerkeley on Twitter. Contact us if you want to join our seminars virtually by Zoom or phone. If you have difficulty logging in, go to <https://support.zoom.us/hc/en-us/articles/201362003-Zoom-Technical-Support> and click on the blue "Help" button. *International numbers are available.*

INTERDISCIPLINARY SEMINAR(S) are a way for WISR students to learn about core subjects of social change, writing, multiculturalism, adult/higher education, community leadership and social action-research. Community members are welcome to participate as well. Students are strongly requested to participate in at least one seminar each month, unless they have an unavoidable conflict. *Students also have the option of creating seminars on topics of interest, of forming their own peer discussion groups, and developing regular collaborations with other WISR students.*

Prospective students and Community Learners are invited to attend these seminars. Contact WISR if you need a ride from the BART or want to carpool. Please avoid wearing perfume or cologne to WISR gatherings as requested by those with asthma & allergies.



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YACK & HACK: WISR'S FUTURE AS AN ONLINE LEARNING INSTITUTION



Monday, July 8th, August 12th....

6-8pm with *Mark Wilson, WISR's Learning Designer\ Technologist.*
Meets the 2nd Monday of each month, 6-8pm.

Join us to discuss WISR's future, online learning, and how we use Google's Education Suite and other free digital technologies to create, access, and distribute educational resources worldwide. The public is welcome and everyone should bring a laptop if they have one. To join from a distance use **Zoom Meeting ID 774 808 774** <https://zoom.us/j/774808774>; or by phone **669 900 6833**. For help

with technical difficulties call **510 655 2830** or email mark.wilson@wisr.edu or john.bilorusky@wisr.edu.

HALCYON BEGINNINGS OF THE NEW SWEDEN COLONY IN DELAWARE:

A Story about Colonialism, Indigenous People, Indentured Servants and Slaves

~Cosponsored with the **Saami Siida of California**

Friday, July 12th; 6pm Potluck (Bring your favorite dish from your cultural heritage.); 7pm Program (with Zoom)

Marilyn Jackson, PhD, WISR Faculty, Facilitator, will relate the story of the first Swedish colony in Delaware near Philadelphia in the mid 1600s and show pictures from her recent visit there. She learned not only about the competing colonies from Europe including New Sweden, but also about **the Forest Finns, involuntarily brought to labor**, who were partly descended from the Saami people, indigenous to Scandinavia.



Marilyn will also share what she has learned about the **beginnings of slavery on this continent that involved Whites, Blacks and Indians and how Blacks' routes to escape slavery became closed off** by the end of the century while Whites who were also indentured, could one day be released. The colony of New Sweden it is said, got along with the local Native Americans and didn't have slaves in the mid 1600s. The stories from this halcyon period give us a way to talk about the relationships among classes of people from around the world who built the United States. **To join from a distance use Zoom Meeting ID, 774 137 034, <https://zoom.us/j/774137034>** or by phone, **669 900 6833**. If you have technical difficulties call **510 655 2830** or email marilyn.jackson@wisr.edu.



LGBTQI CONCERNS - TERMINOLOGY, CULTURAL COMPETENCY AND AWARENESS IN WORKING WITH LGBTQI PEOPLE

Saturday, July 20th, 10am to 12pm

Rosa Reinikainen MFT, WISR EdD Student with John Bilorusky, WISR Faculty, Facilitator

This seminar will look at LGBTQI concerns. Given the amount of discrimination and

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violence LGBTQI people face we as clinicians, researchers and educators need to address our own cultural competency, awareness and humility when it comes to working with these populations. It is our ethical responsibility to do so. In this seminar we will look at terminology related to LGBTQI communities. We will talk about ethics, queer cultural awareness, discrimination issues, mental health and other cultural statistics. We will look also at social justice, therapy and education. You will have the opportunity to address any questions and concerns in your work as it might relate to LGBTQI people. **To join from a distance use Zoom Meeting ID, 900 463 456, <https://zoom.us/j/900463456> or by phone, 669 900 6833.** If you have technical difficulties call 510 655 2830 or email john.bilorusky@wisr.edu.

MARRIAGE FAMILY THERAPY (MFT) SEMINARS are for WISR students pursuing an MFT and/or LPCC license. Other interested persons are welcome to attend (on site or by video conference) and receive CEU credit for MFTs and LPCCs, but you must RSVP the faculty member (see email contact info below) in advance. *WISR students not in the MFT program may get CEU credit for no additional charge, others pay \$40. *These seminars are typically held at WISR from 10am to 12 or 1pm (as listed) with a short break; often students bring a snack. MFT students must participate in a total of 48 such seminars in order to graduate. These required seminars for our MS program lead to the State of California's MFT and LPCC licenses and are now available by telephone conference call and video webinar.*

SORRY IS NOT ENOUGH, INFIDELITY AND BETRAYAL IN COUPLES AND COUPLE THERAPY

Saturday, July 13, 10am-1pm, Part II

Saturday, August 10th, 10am-1pm, Part III

Ronald Mah, MA, LMFT, PhD, WISR Faculty. Despite social, cultural, and personal standards of monogamy, affairs remain prevalent in many committed couples. Possibly the most difficult challenge in couple therapy, infidelity in a committed couple can manifest in a variety of forms and for a variety of reasons that reflect the personality and issues of unfaithful partners. The student and therapist is guided in making accurate assessment of causes and types of affairs leading to therapeutic strategies. Reality that apology no matter how sincere is not enough for recovery lead to areas of clinical exploration. Gender and cultural standards and differences are differentiated as well as characterological issues including personality disorders in the assessment process.



Authentic and inauthentic forgiveness in recovery, along with acceptance as an alternative approach/process are examined for reconciliation, as well as the roles of the unfaithful partner and the offended partner in creating the context of infidelity. Immediate considerations at the beginning of treatment including boundaries, decision-making, and discussing the impact of the affair lead to issues of intense scrutiny, transparency, flashbacks, trauma, and assessment of commitment along with etiological considerations such as attachment losses, social modeling, and family-of-origin dynamics that guide the therapist to identify the logic of infidelity and thus, the logic of recovery.



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To join from a distance, for the June 15th seminar, use **Zoom Meeting ID, 876 957 031**, <https://zoom.us/j/876957031> or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email ronald.mah@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.



LGBTQI CONCERNS - TERMINOLOGY, CULTURAL COMPETENCY AND AWARENESS IN WORKING WITH LGBTQI PEOPLE

Saturday, July 20th, 10am to 12pm

Rosa Reinikainen MFT, WISR EdD Student with John Bilorusky, WISR Faculty, Facilitator

See above for more info....

SORRY IS NOT ENOUGH, INFIDELITY AND BETRAYAL IN COUPLES AND COUPLE THERAPY,

Saturday, August 10th, 10am-1pm, Part III (followup to Part II on July 13th)

Ronald Mah, MA, LMFT, PhD, WISR Faculty.

THERAPY AND SOCIAL JUSTICE

Saturday, August 24th, 10am to 12pm

Rosa Reinikainen MFT, WISR EdD Student, Facilitator. As therapists,

educators and researchers we are tasked with the ethical duty to do no harm.

We are also tasked with the duty to improve the lives of those in our care.

Given that we are facing vast inequalities and discrimination based on race,

gender, sexuality, class, national origin as well as environmental destruction, are we doing enough

to just treat individuals, couples or even groups? Keeping in mind the Jewish philosophy of

"Tikkun Olam" or "our duty as human beings to "repair of the world," we will explore what it

means to be social justice oriented therapists, educators and researchers. This seminar will give us

opportunities to look at concepts of anti-racist, anti-classist, anti-homophobia, heterosexism, and

transphobia, as well as other areas of societal ills. We will also discuss what it means to

participate in creating social change as mental health professionals, educators and researchers

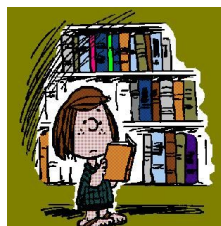
and why this is critically important at this time.



FAMILY THEORIES, Sat., September 14th, 10am-1pm; Monika Scott, MA, LMFT, WISR Faculty.

ANNOUNCEMENTS

11th Annual Conference Dates: Thursday, October 24-Saturday, October 26th, 2019



Help Catalogue WISR's Library! We are in the midst of cataloging the books in WISR's library and need 6 or more people to volunteer about 4 hours per week for at least several months. Training is provided. *Requirements for volunteers include: 1) Be able to read and follow detailed instructions; 2) Have good computer, typing, and internet use skills and 3) Are able to meet with the Librarian on weekends.* Please contact cynthia.roberson@wisr.edu or mail@wisr.edu for more information.

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