

SEMINARS & ANNOUNCEMENTS

FEBRUARY~ MARCH, 2019

LEARN TO EDIT WIKIPEDIA JOIN THE WISR COLLABORATORY SPRING 2019

The Western Institute for Social Research invites you to join us as we increase our digital fluency and encourage civic discourse while learning to write and edit

WIKIPEDIA
The Free Encyclopedia

This free online ten module course provided by Wiki Education can be accessed anytime and you can complete as much as you choose.

Go to

[https://dashboard.wikiedu.org/courses/WISR/Collaboratory_\(Spring_2019\)?enroll=ngkimvwd](https://dashboard.wikiedu.org/courses/WISR/Collaboratory_(Spring_2019)?enroll=ngkimvwd)



CALENDAR

Interdisciplinary Seminars

2/2 WISR Film & Social Change Series

Solveig: The Life And Artwork Of

Solveig Arneng Johnson

2/11 Yack & Hack: WISR's Future As An Online Learning Institution

2/16 **G Suite Drive and Files: Essential Workshop for ALL students and faculty**

3/11 Yack & Hack: WISR's Future As An Online Learning Institution

3/16 **G Suite Classroom: Essential Workshop for ALL faculty, and recommended for students**

MFT Seminars (w/CEUs* see details below)

2/9 Therapist Self-Care: B.R.E.A.T.H.E.

2/23 Law & Ethics in MFT& LPCC Work, Part III

3/23 Culture Bound Psychiatric Disorders

3/30 Human Sexuality, I of II: MFT 561

A NOTE ABOUT RECORDING EVENTS AT

WISR: As part of WISR's pursuit of accreditation and development of content for our online learning courses, it is important that we record seminars, which can be accessed ONLY by members of the WISR Learning Community and no one else.

However, if there is a particular seminar or portion of a seminar that will make an individual feel uncomfortable and or that puts their privacy in jeopardy, as an exception to the rule, we will not record that session

(or will delete a requested session or portion of a session), if we are notified by the concerned party within 24 hours of the end of that seminar.

Recordings from the Annual Conference, Graduation Ceremonies, and some parts of the All School Gatherings may be posted to a larger audience on our website, and by participating in those events, an individual agrees to our sharing photos, video and audio of those events.

MORE ANNOUNCEMENTS

Look for our page and group on Facebook, also WISRBerkeley on Twitter. Contact us if you want to join our seminars virtually by Zoom or phone. If you have difficulty logging in, go to <https://support.zoom.us/hc/en-us/articles/20136>

[2003-Zoom-Technical-Support](#) and click on the blue "Help" button. *International numbers are available.*





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INTERDISCIPLINARY SEMINAR(S) are a way for WISR students to learn about core subjects of social change, writing, multiculturalism, adult/higher education, community leadership and social action-research. Community members are welcome to participate as well. Students are strongly requested to participate in at least one seminar each month, unless they have an unavoidable conflict. Students also have the option of creating seminars on topics of interest, of forming their own peer discussion groups, and developing regular collaborations with other WISR students.



YACK & HACK: WISR'S FUTURE AS AN ONLINE LEARNING INSTITUTION

Monday, February 11th, March 11th 6-8pm with Mark Wilson, WISR's Learning Designer|Technologist. Meets the 2nd Monday of each month, 6-8pm.

Join us to discuss WISR's future, online learning, and how we use Google's Education Suite and other free digital technologies to create, access, and distribute educational resources worldwide. The public is welcome and everyone should bring a laptop if they have one.

To join from a distance use Zoom Meeting ID 774 808 774 - <https://zoom.us/j/774808774>; or by phone 669 900 6833. For help with technical difficulties call 510 655 2830 or email mark.wilson@wisr.edu or john.bilorusky@wisr.edu.



Essential Workshops for ALL students and faculty

GOOGLE EDUCATION SUITE: G SUITE DRIVE AND FILES

February 16th, 10am-1pm

Essential Workshop for ALL faculty, and recommended for students

G SUITE CLASSROOM

March 16th, 10am-1pm

Join Mark Wilson, WISR's Learning Designer|Technologist, for an overview of the Google Education Suite. WISR students, faculty, and administrators all need to become familiar with the basic structure of the G Suite in order to use G Suite apps effectively for communication, online courses and administration. After a short presentation we will be trying several apps and answering questions together. Please bring a laptop. From a distance use Zoom Meeting ID 763 905 267- <https://zoom.us/j/763905267>; or by phone 669 900 6833. For help with technical difficulties call 510 655 2830 or email mark.wilson@wisr.edu or john.bilorusky@wisr.edu.



WISR Film & Social Change Series
Shown in Collaboration
with The Saami Siida of California:

SOLVEIG: THE LIFE AND ARTWORK OF SOLVEIG ARNENG JOHNSON
Saturday, February 2nd

4pm Film and Discussion; 6pm Potluck

Marilyn Jackson, PhD, WISR Faculty, Facilitator with Nathan Muus, Co-editor of Baiki, the North American-International Sami Journal.

Filmmaker Kiersten Dunbar Chace will call in after the film for Q&A.

Join us to watch a beautiful documentary/love story that illuminates the life of Sami American artist Solveig Arneng Johnson, whose body of artwork captures her love of Norway, family and natural surroundings. Born in 1925 in the Arctic town of Kirkenes, Norway, Solveig reflects on life during the throes of World War II, her indigenous Sami identity, art studies, immigrating to America (Duluth, Minnesota) and the love of her life. **Written by Monde World Films**

To join from a distance use Zoom Meeting ID: **130 257 117**, <https://zoom.us/j/130257117>; or by phone 669 900 6833. To RSVP or for help with technical difficulties call 510 655 2830 or email marilyn.jackson@wisr.edu and provide a phone# in case of technical difficulties. **Please RSVP re what snacks, beverage and/or potluck items you plan to bring.**

MARRIAGE FAMILY THERAPY (MFT) SEMINARS are for WISR students pursuing an MFT and/or LPCC license. Other interested persons are welcome to attend (on site or by video conference) and receive CEU credit for MFTs and LPCCs, but you must RSVP the faculty member (see email contact info below) in advance.

*WISR students not in the MFT program may get CEU credit for no additional charge, others pay \$40. *These seminars are typically held at WISR from 10am to 2pm (unless listed otherwise) with a short break so bring a lunch. MFT students must participate in a total of 48 such seminars in order to graduate. These required seminars for our MS program lead to the State of California's MFT and LPCC licenses and are now available by telephone conference call and video webinar.*

THERAPIST SELF-CARE: B.R.E.A.T.H.E.
Saturday, February 9th

10am – 12pm

Karen Wall, EdD, LMFT, new WISR Faculty, Facilitator. Caregiving staff, while trying to provide safe and compassionate care, often become the target of anger, hostility, and even verbal and emotional abuse from family members, and even clients. They begin to lose the meaning in their work, start to burnout, and "just make it through the day to get their pay." This training is for counselors, especially in the early part of their career, to lay a foundation of self-care which is important to being effective therapists.



To join from a distance use Zoom Meeting ID **316 382 796**, <https://zoom.us/j/316382796>; or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email karen.wall@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.

**LAW & ETHICS
in MFT
& LPCC WORK,
Part III**

**Saturday,
February 23rd
10am-1pm**

Ronald Mah, MA, LMFT, PhD, WISR Faculty



The seminars will introduce legal and ethical issues and standards involved in the professional practice of marriage and family therapy in California and in the field of mental health and professional counseling in general. We will discuss ethics and laws that regulate and delineate the profession's scope of practice; therapeutic and practical considerations involved in legal and ethical practice as a licensed MFT; the licensing law and process in California; broader legal trends and ethical debates in the health, mental health, and human service professions.

In addition, the seminar will examine ethical and legal issues bearing on counselor-client relationships (e.g., scope of practice, counselor-client privilege, confidentiality; treatment of minors with or without parental consent, and when a client may be dangerous to self or others).

Further topics include issues arising out of the counselor's sense of self and personal values, in relation to professional ethics and law; regulatory laws and functions and relationships with other human service providers; and differences in legal and ethical standards for different types of work settings.

To join from a distance use **Zoom Meeting ID: 140 536 313**, <https://zoom.us/j/140536313>; or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email ronald.mah@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.

**Upcoming MFT Seminars
CULTURE-BOUND PSYCHIATRIC
DISORDERS: *How to Work with Clients
Whose Culture Influences Mental Illness and
Mental Health-Seeking Behaviors***

March 23, 10am-12pm

Karen Wall, EdD, LMFT, WISR Faculty, Facilitator. This seminar will focus on a specific group of diagnoses first introduced in the DSM-IV-TR under a section titled "Culture-Bound Syndromes." The so-called "culture-bound syndromes" deserve special comments. The term culture-bound syndrome was introduced by Yap (1969) almost 40 years ago to describe "forms of psychopathology produced by certain systems of implicit values, social structure and obviously shared beliefs indigenous to certain areas" (Yap, 1969, cited in Levine & Gaw, 1995:524). Several authors (Hughes, 1985; Levine & Gaw, 1995; Prince & Tchong-Laroche, 1987; Simons, 1985) have reviewed the different names, often pejorative, that were used prior to Yap's usage: exotic psychoses, ethnic psychoses, psychogenic psychoses, and hysterical psychoses. The general preference for Yap's usage is the result of his efforts to avoid biases inherent in the earlier labels, which carried assumptions about the "irrational" behavioral and thought patterns of "exotic" people from non-Western cultures. The use of culture-bound syndromes was intended to be less judgmental and more descriptive (Guarnaccia, P. & Pincay, I.M. (2007). Chapter 3: Culture-specific diagnoses and their relationship to mood disorders. In Loue, S., & Sajatovic, M. I (Eds.) (2008). Diversity issues I the diagnosis, treatment, and research of mood disorders NY: Oxford University Press).

These are clinical pictures said to be uniquely related to specific cultural characteristics of the human groups in which they occur; as such, their etiological, pathogenic and clinical manifestations do not correspond to the conventional entities included in mostly Western-



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based nomenclatures. A partial list of culture-bound syndromes was included in the Appendix I of DSM-IV, but it did not do justice to the extensive literature on the topic.

Practically every region of the world has a set of culture-bound syndromes, yet it has to be said that, at times, the descriptions are quite similar, and at others, too generic or vague to be appropriately characterized. The basic question about culture-bound syndromes dwells on yet another dilemma: are they nosologically autonomous entities, or do they have enough similarities with existing clinical conditions currently listed in DSM or ICD? (Alarcon, R.D., (2009). Culture, cultural factors and psychiatric diagnosis: review and projections. World Psychiatry 2009:8, 134).

To join from a distance use Zoom Meeting ID: 551 034 604, <https://zoom.us/j/551034604>; or by phone 669 900 6833. To RSVP or for help with technical difficulties call 510 655 2830 or email karen.wall@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.

HUMAN SEXUALITY, I OF II: MFT 561

Saturday, March 30th, 10am-1pm

Ronald Mah, MA, LMFT, PhD, WISR Faculty

This will be a study of personal and interpersonal dimensions of sexual experiences and behavior, including such topics such as anatomy and physiology of human sexuality, normal and abnormal sexual behavior, sexual dysfunction and its causes and treatment, psychosexual development, sociocultural and family influences on sexuality, sexual orientation and identity, and sexual counseling. This will include a minimum of 10 hours of seminar participation in the study of human sexuality. Also included will be the study of physiological, psychological, and social cultural variables associated with sexual behavior and gender identity, and the assessment and treatment of psychosexual dysfunction. To join

from a distance use **Zoom Meeting ID: 607 078 878**, <https://zoom.us/j/607078878>; or by phone **669 900 6833**. To RSVP or for help with technical difficulties call **510 655 2830** or email ronald.mah@wisr.edu or john.bilorusky@wisr.edu and provide a phone# in case of technical difficulties.

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**WISR STUDENTS! Learn how to use the Google Education Suite** and collaborate with others at WISR in learning how to use it together. By using your wisr.edu email account for activities at WISR (meetings, collaborations, and use of online courses and forum), and some of the Google Suite Apps that are free of charge, you will aid your own work and learning, AND support WISR’s development as an innovative, 21st century institution of higher learning.

**Google Drive** to store your own documents (and prevent loss of work if your computer fails as has happened to more than a couple of WISR students); to collaborate with others in working on drafts of papers and ideas—whether for your academic work, or on WISR projects and to submit the final papers in each course, and to store them in your own Google Drive, so you may develop your own ePortfolio over time.

**Google+** to participate in the WISR online forum, now required of all WISR students, AND a good way to promote dialogue and discussion on ideas and issues of importance to members of the WISR learning community.

**Google Calendar** to schedule meetings with one another, and to keep track of seminars, meetings, or your own planned tasks (should you choose to do so) and it is critical that you add [calendar@wisr.edu](mailto:calendar@wisr.edu) to the calendar in your wisr.edu email account asap!!

**Google Meet**—we will soon use what used to be called Google Hangouts, and is now called “Meet” as a better option to using Zoom.